

# Take a small step to a healthier life...today

100 years of innovation have led to the Shaklee Life Plan, the best, most comprehensive nutritional system in the world.\* Take a small step today, and Make Tomorrow Amazing™.



## Free membership with Life Plan

Get a free Shaklee membership (a \$19.95 value) and save 15% to 25% on future purchases.

\*This statement has not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

# Join Shaklee for FREE with the program that is right for you:



Available  
in Soy and  
Non-soy  
formulas

The Shaklee Life Plan is the best, most comprehensive nutritional system in the world.

## Shaklee Life Plan #89383

SOY SHAKE SRP: \$287.35 | MP: \$244.25 | PV: 166.67

NON-SOY SHAKE SRP: \$313.85 | MP: \$266.75 | PV: 182.23

The Shaklee Life Plan is designed to promote every aspect of your health with clinically proven nutrients to help provide the foundation for a longer, healthier life.\* (30 servings)

**Proven by science, proven by people. 100% guaranteed.**

## Free Membership!

(\$19.95 value) and when you place the Life Plan on AutoShip<sup>†</sup>, receive a coupon for a Shaklee product for only \$10.\*\*

**Shaklee Life Energizing Shake**—A delicious shake for the whole family (Vanilla, Chocolate, Strawberry, and Café Latte)

- Increase energy with 24 grams of protein, including 16 grams of plant-based, non-GMO protein.<sup>†</sup>
- Added leucine to help preserve lean muscle and achieve a healthier weight.
- Powerful combination of prebiotics and one billion CFU of patented probiotics to support digestive and immune health.
- Contains omega-3 (ALA), an essential fatty acid that supports heart and brain health.

**Shaklee Life-Strip**—The Shaklee Life-Strip delivers pure, potent vitamins, minerals, polyphenols, antioxidants, and phytonutrients to help support optimal health.\*

- NEW Vivix<sup>®</sup> Liquegels for Cellular Health; Healthy Aging\*
- NEW OmegaGuard<sup>®</sup> Plus for Heart Health; Brain Health\*
- Advanced Multivitamin for Complete Nutrition; Bone and Joint Health\*
- B+C Complex for Immune Health; Energy\*



## Vitalizing Plan #89384

SOY SHAKE SRP: \$188.20 | MP: \$159.95 | PV: 111.12

NON-SOY SHAKE SRP: \$216.10 | MP: \$183.65 | PV: 127.52

Combines the Shaklee Life Energizing Shake with Vitalizer, giving you the essential vitamins and minerals your body needs along with added nutritional benefits.

- **Shaklee Life Energizing Shake**—A delicious shake for the whole family. 30 servings. (Vanilla, Chocolate, Strawberry, and Café Latte)
- **Vitalizer<sup>™</sup>**—Our unique, clinically supported solution packs essential nutrition into a convenient, everyday, go-anywhere Vita-Strip<sup>™</sup>. Designed to enhance absorption, providing vitamins, minerals, antioxidants, omega-3s, and healthy probiotics.

## Essentials Plan #89385

SOY SHAKE SRP: \$89.95 | MP: \$76.45 | PV: 55.56

NON-SOY SHAKE SRP: \$103.90 | MP: \$88.30 | PV: 63.76

The Essentials Plan covers your basic nutritional needs by combining the Shaklee Life Shake, Vita-Lea<sup>®</sup>, and OmegaGuard<sup>®</sup> to help support your optimal health.\*

- **Shaklee Life Energizing Shake**—a delicious shake for the whole family. 15 servings. (Vanilla, Chocolate, Strawberry, and Café Latte)
- **Vita-Lea<sup>®</sup>**—Provides 23 essential vitamins and minerals at clinically proven levels.
- **OmegaGuard<sup>®</sup>**—Helps reduce the risk of heart disease with pure pharmaceutical-grade omega-3 fatty acids.\*<sup>††</sup>



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## Getting the right nutrition every day



### Shaklee Life Shake Family Pack #89400

SOY SHAKE SRP: \$188.20 | MP: \$159.95 | PV: 111.12

NON-SOY SHAKE SRP: \$241.20 | MP: \$204.95 | PV: 142.24

- **Shaklee Life Energizing Shake**—A delicious shake for the whole family. Includes 2 Life Shake Pouches. 60 servings. (Vanilla, Chocolate, Strawberry, and Café Latte)



### Foundations Regimen #89336

SRP: \$130.65 | MP: \$111.05 | PV: 77.50

- **Shaklee Vitalizer™** (Women, Men, or Gold)—Our unique, clinically supported solution packs essential nutrition into a convenient, everyday, go-anywhere Vita-Strip®.
- **Shaklee Life Energizing Shake** (Vanilla, Chocolate, Strawberry, and Café Latte)—A delicious shake for the whole family. 15 servings.



### Shaklee Life-Strip with iron #21294

### Shaklee Life-Strip without iron #21293

SRP: \$200.00 | MP: \$169.95 | PV: 114.23

- **NEW Vivix®**—Liquigels for Cellular Health; Healthy Aging\*
- **NEW OmegaGuard® Plus**—For Heart Health; Brain Health\*
- **Advanced Multivitamin**—For Complete Nutrition; Bone and Joint Health\*
- **B+C Complex**—For Immune Health; Energy\*

## Join Free with Vitalizer™†



Vitalizer Women #20283 SRP: \$93.25 | MP: \$79.25 | PV: 55.56

Vitalizer Men #20282 SRP: \$93.25 | MP: \$79.25 | PV: 55.56

Vitalizer Gold #20284 SRP: \$100.00 | MP: \$84.95 | PV: 59.58

Our unique, clinically supported solution packs essential nutrition into a convenient, everyday, go-anywhere Vita-Strip™. Designed to enhance absorption, providing vitamins, minerals, antioxidants, omega-3s, and healthy probiotics.

## Achieving a healthier weight



### Shaklee 180® Turnaround™ Kit #89280

SOY SHAKE SRP: \$317.60 | MP: \$269.95 | PV: 172.28

Our customizable two-meals-a-day kit is a culmination of products designed to help you achieve a healthy weight the right way. Now containing the new and improved Shaklee life Energizing Shake, the Shaklee 180 Turnaround Kit is powered by leucine to help your body retain lean muscle while you slim down. Available in Non-Soy and Whey Shakes.

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## Targeted solutions for your nutritional focus areas



### Healthy Solutions Plus Regimen #89347

SRP: \$209.05 | MP: \$177.70 | PV: 126.63

- **Vivix®**—Key ingredients to help your cells repair and protects against daily damage. Slow cellular aging naturally.\*
- **MindWorks®**—Key ingredients help improve memory and focus 3X better than control<sup>||</sup> and protect against normal age-related mental decline.\*
- **OmegaGuard®**—Helps reduce the risk of heart disease with pure pharmaceutical-grade omega-3 fatty acids.\*<sup>††</sup>
- **NutriFeron®**—Provides immune support at the cellular level and is designed to naturally increase levels of interferon.\*



### Healthy Solutions Regimen #89337

SRP: \$169.90 | MP: \$144.40 | PV: 100.80

- **Vivix®**—Key ingredients to help your cells repair and protects against daily damage. Slow cellular aging naturally.\*
- **MindWorks®**—Key ingredients help improve memory and focus 3X better than control<sup>||</sup> and protect against normal age-related mental decline.\*
- **OmegaGuard®**—Helps reduce the risk of heart disease with pure pharmaceutical-grade omega-3 fatty acids.\*<sup>††</sup>



### SmartHeart Blood Pressure Regimen #89338

SRP: \$104.55 | MP: \$88.85 | PV: 67.40

- **OmegaGuard®**—Helps reduce the risk of heart disease with pure pharmaceutical-grade omega-3 fatty acids.\*<sup>††</sup>
- **Blood Pressure**—Helps retain healthy blood pressure.\*
- **CoQHeart®**—Supports energy production in the heart and promotes healthy arteries.\*



### SmartHeart Cholesterol Regimen #89346

SRP: \$104.55 | MP: \$88.85 | PV: 64.10

- **OmegaGuard®**—Helps reduce the risk of heart disease with pure pharmaceutical-grade omega-3 fatty acids.\*<sup>††</sup>
- **Cholesterol Reduction Complex\***—Helps lower cholesterol.<sup>ss</sup>
- **CoQHeart®**—Supports energy production in the heart and promotes healthy arteries.\*

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## Natural products for hair and skin



### Nutrition Therapy Skin Care Kit

SRP: \$220.45 | MP: \$187.45 | PV: 141.29

Normal to Dry Skin Type #50916

Normal to Oily Skin Type #50914

One simple regimen with all the essential antioxidants and nutrients your skin craves.

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## Cleaning your home with safe, nontoxic products



### Get Clean® Starter Kit

SRP: \$115.33 | MP: \$99.00 | PV: 50.00

Fresh Laundry Concentrate #50456

Fresh Laundry Fragrance Free Concentrate #50457

These powerful, multifunctional products are all you need to start cleaning your way to a healthier home. Natural, nontoxic, and has absolutely no harmful fumes, phosphates, phthalates, or bisphenol-A (BPA).

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## Looking for another option?

Join as a **Shaklee Member for \$19.95** and enjoy 15% off all Shaklee products, 25% off select products when you place them on AutoShip, plus access to special offers reserved just for Shaklee members.

\*\*As a Shaklee Member save 15-25% on future purchases. If placed on AutoShip, this offer also includes an online coupon for a Shaklee product (up to \$100 SRP value) for only \$10. Product selection subject to availability. Product may be substituted with product of similar value at any time.

†When prepared as directed with one cup of nonfat milk.

‡At six hours versus control.

††Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of heart disease.

‡AutoShip price—save 10%.

\*Kosher versions available.

§§Products providing at least 400 mg of plant sterols and stanols, consumed twice a day with meals for a daily total intake of at least 800 mg, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of Cholesterol Reduction Complex supplies 1,000 mg grams of plant sterols and stanols.

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