SHAKLEE

NEWS*NEWS*NEWS

Item #22066

Introducing MindWorks™

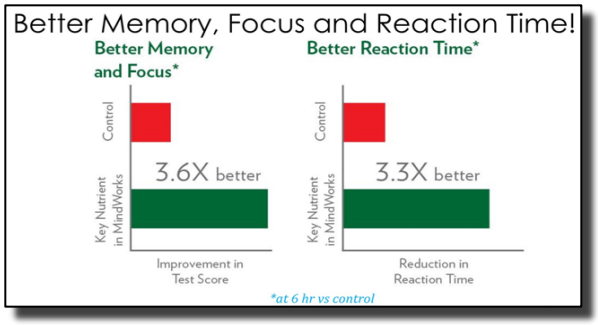
Think fast. Stay sharp.

The brain's neural connections start declining as early as age 20. By age 45, this decline occurs even more rapidly, which may lead to increased frequency of

forgetfulness, poorer concentration & slower reaction times.

How's your memory and focus ?

MindWorks contains nutrients shown in laboratory studies to promote the formation of new neural connections in the brain, and shown in a clinical study to reduce brain shrinkage rate. MindWorks contains key ingredients that have three important benefits:



- **Immediate improvement in memory and focus; 3X better than the control group.**
- **Protect against age-related mental decline by reducing brain shrinkage rate by 30% over two years.**
- **Support circulation and delivery of oxygen & nutrients to the brain.**

The Shaklee Difference

• Powered by an exclusive polyphenol blend from **chardonnay seed extract** ONLY available to Shaklee and made with a patent pending extraction process that concentrates specific polyphenols that positively impact blood vessel function and are clinically proven to be more bioavailable than those used in non-Shaklee products.

• Unlike energy products that use caffeine-spiked guarana, Shaklee sourced guarana for a specific polyphenol blend. One serving of Mindworks contains less caffeine than a medium cup of decaf coffee.

• First to combine clinically supported nutritional supplementation + brain training software—receive free monthly access to CogniFit with each purchase ... **a $12.99 value free.**

Parkinson's Testimony ... after one week!

My husband, Bob, has had Parkinson Disease for many years. Lately it's been much worse.

He has been having trouble focusing on computer work, couldn't even do bills this past month, falling so much when just trying to walk. Awful.

ENTER ... Mindworks for one week and he is able to work on the computer, and right now he's on the tractor lifting logs from the drive following a mini tornado.

He was up before dawn today mowing our secret garden area! Shaklee has been a great help all along, but Mindworks is a miracle! His walking is something to see ... he was walking on "rubbery" legs (his explanation) and as of this AM he is walking with long strides. Amazing!

Jan Jeans

Celebrating 100 years of innovation with 3 more BLOCK BUSTER Products

Blood Pressure

Blood Pressure is a scientifically supported nutritional solution to help retain healthy blood pressure by helping to promote healthy blood vessels and blood flow.

Studies have shown the key ingredients in Shaklee Blood Pressure address two important mechanisms that are known to impact blood pressure levels.

Promotes blood circulation

Promotes healthy blood vessels

#22067

Directions: Take 2 tablets daily.

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 30

	Amount Per Serving	% DV
Total Carbohydrate	1 g	<1%**
Vitamin C (as ascorbic acid)	100 mg	167%
Magnesium (as magnesium oxide)	200 mg	50%
Blood Pressure Support Blend: Potassium Nitrate, Quercetin (*Sophora japonica* L.) (aerial parts), Beet Powder (*Beta vulgaris*) (root), Grape Extract (*Vitis vinifera*) (seed), Spinach Powder (*Spinacia oleracea*) (leaf).	1,300 mg	†

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Vanilla #22071
Chocolate #22072

Vitalizing Protein

Optimized nutrition for sustained energy. This great-tasting daily protein can be used as part of a healthy lunch or dinner or as an on-the-go snack to help keep you energized and satisfied throughout the day.

15g of non-GMO soy protein (23g protein w/non-fat milk), 6g of fiber, 23 vitamins & minerals, red raspberry seed extract for antioxidant support and omega-3 from flax, Leucine to help preserve lean muscle, gluten-free, lactose free, low-glycemic, no artificial flavors, sweeteners, preservatives added.

#22073

Vitalized Immunity

Ideal for everyday immune support, and when you're facing stress, pollution, poor nutrition or busy schedules. Vitalized Immunity is naturally sweetened with Monk Fruit, and contains as much vitamin-C as 16 oranges. It includes a proprietary blend of 19 vitamins, minerals, and herbs. Helps support your immune system Delicious effervescent formula. Dissolve in water and enjoy! A more natural choice than other leading brands.

Shaklee180 Meal-in-a-Bar .... *A Complete meal in your pocket!*

No time to sit and dine? Grab a Meal-in-a-bar and go! Each chewy bar is packed with the healthful nutrients your hard-working body needs. Protein and fiber help keep you feeling full and satisfied for hours. Leucine helps your body retain lean muscle while you slim down.

- 18 - 20 grams of hunger fighting protein
- 6 - 7 grams of fiber
- Powered by Leucine
- 23 vitamins and minerals
- Non-GMO soy protein
- Low glycemic
- Gluten Free
- No artificial flavors, colors, sweeteners, or preservatives

Yummy!

White Chocolate Cinnamon

Peanut Butter and Chocolate Chip

Blueberry Almond Crisp

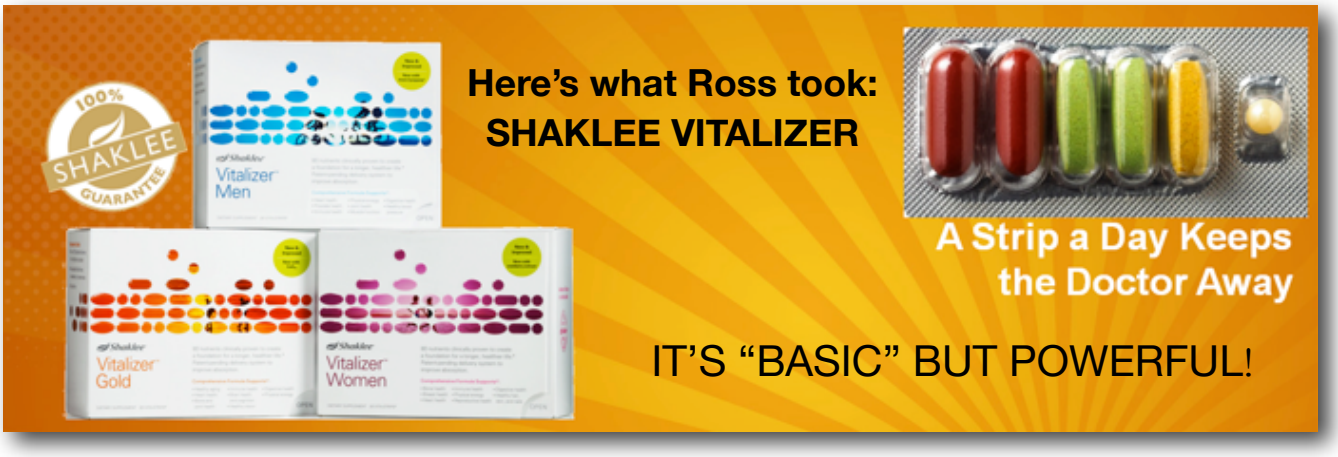
Basic Nutritional Supplements
can do AMAZING things!

Last fall while talking to my Mom on the phone, I told her I was unhappy with my health and the amount of time it caused me to miss work. I have suffered for years with being unable to maintain my sense of **balance** and have been prescribed medication for it. One of the symptoms was that I would feel like the ground was shaking beneath me when I walked. It was as if someone had come up to me and given me a hard shove forcing me to lose my balance. I was also diagnosed some years ago with severe obstructive sleep apnea. Mom suggested that I try the Shaklee **Vitalizer**.

Within a month of using it the balance issue improved dramatically. I was able to cut my medication in half and after another month I was able to get off of it altogether, using it only for the occasional episode. I have had exactly 2 doses of my medication in the last 3 months. I also noticed that there was a change in my appetite. Prior to using Vitalizer my appetite did not build gradually; I would go from no appetite at all to famished in a matter of minutes. That made portion control a problem. After a few weeks of using the Vitalizer that changed. I was able to control myself and, without trying, I lost 20 lbs and have kept it off for the past 3 months without dieting. I have also experienced an increase in vitality and stamina. I no longer need those two big cups of coffee to get me moving in the morning. Shaklee Vitalizer is an amazing product.

" ... I lost 20 lbs and have kept it off for the past 3 months without dieting."

Ross E



Basic H² ... Delicate, Effective, and NON-Toxic!

I have a lady who cleans my house and no matter what I said, she would bring her own toxic cleaning products. Finally she started using Basic H2. Her first reaction was, "I can't believe that stuff is so gentle yet so effective." Now she loves it.

I have Persian cats and they have big wet dirty eyes. I have had to wipe their faces every morning to keep their eyes nice. Just this week, after the switch in cleaning products, I noticed they weren't dirty anymore. The only change in our house that would effect them was the change of cleaning products.

Jannas H.

editors note: *Just imagine the potential human harm from those "toxic" cleaners! Like headaches, joint aches, allergies etc. Then look at the cost savings: under a penny a pint for a glass cleaner using Basic H².*

How do you handle STRESS?

Mother of 4 .. all under 4 years!

Stress Relief Complex is always in my stash! I didn't think I needed it, but decided to try it because my back was always tense and I had difficulty falling asleep. The first time I used it, I was running late getting all the kids ready for the day. I had to make school lunches, feed the babies and get everybody loaded into the car and I was STRESSED! I popped a Stress Relief tablet and .. seriously… within 20 minutes, that tight feeling in my chest just melted away. I still had lots to do, but I didn't feel so overwhelmed by it all, and was able to just focus and get to it.

My husband and I both use Stress Relief Complex before flights with the kids *(the family is stationed overseas with husband in the military)*, before big work presentations, and in the evenings in particular when I need to calm down so I can fall asleep without my mind racing.

We Love It! Michelle Parrott

Identify your stress ...

Small children
Insomnia
Anxiety
Road trips
Adrenal fatigue
Taking tests/exams
Giving birth
Caring for elderly folks
Work deadlines
Single parent
Weight or health issues
Making phone calls
Menopause
Tension headaches
Death
Divorce
Giving presentations
Fear of flying
Financial Problems

Stress The Hidden Health Threat!

Dr. Kathleen Hall, The Stress Institute

Chronic stress is a contributing factor to all leading causes of death, including heart disease, cancer and diabetes. Stress is behind 90% of all visits to primary care physicians.

When stress is triggered by an event – a deadline, a daughter's wedding, a growling dog - adrenaline flows, muscles tense, blood pressure rises. You're alert, motivated and primed for action. After the challenge is met, you relax. That's natural, normal and necessary.

Chronic stress – marital troubles, financial worries, an abusive boss – generates chronically high levels of the adrenal hormone (cortisol), which takes it's toll on the body. Blood pressure stays high, blood sugar levels increase, the immune system is constantly primed to counter intruders, thus generating chronic low-grade inflammation that weakens cells.

Recent studies, all within the past 12 months, reveal that chronic stress can contribute to: Heart Disease, Cancer, Diabetes, Memory problems and Weakened Immunity.

Stress Relief .... from Shaklee

This amazing product relieves stress in as little as 20-30 minutes! Stress Relief helps relax the body and mind and promotes alertness while enhancing the body's ability to adapt to stress. Stress Relief helps blunt cortisol, the stress response hormone that can affect long-term health. Item # 20656

Shaklee Distributor:

You miss 100% of the shots you don't take.
Wayne Gretzky